



Guidance for Preparing the IQ and Adaptive Behaviour Assessment Reports

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1) IQ and Adaptive Behaviour Tests

- **The IQ and Adaptive Behaviour Tests are of utmost importance. Approval and rejection of an application depends on the Psychological reports.**
- Since, applications are submitted from around the world, it is not possible for Virtus to follow the procedure and documentation as per each country. Therefore, Virtus has a prescribed format/template for the psychological reports.
- All reports are to be submitted following the prescribed format.
- Virtus also requires the summary score sheets to be submitted alongwith the reports.
- The psychological reports are confidential and will be used only for the purpose of determining Eligibility of an Athlete. Virtus Member Nation and Virtus will strictly not share the documents.
- The psychological reports are to be typed in English. Written reports will not be accepted.
- The seal, signature and registration number of Psychologist is mandatory.

The individual must be assessed using an internationally recognised and professionally administered IQ and Adaptive behaviour test. Virtus recognises tests which have been standardised or norm reference to the Indian Population. At present the tests approved are

a) For Persons with an Intellectual Impairment

IQ tests

- i) WECHSLER ADULT INTELLIGENCE SCALE IV – INDIA
- ii) WECHSLER INTELLIGENCE SCALE FOR CHILDREN IV – INDIA
- iii) MALIN'S INTELLIGENCE FOR INDIAN CHILDREN – MISIC
- iv) BINET KAMAT TEST OF INTELLIGENCE

Adaptive behaviour test

- i) Vineland Social Maturity Scale

We recommend the psychologist to use the tests mentioned above as it has been approved by Virtus. If the above tests are not available and the psychologist chooses to use a test not mentioned in the list above, then the psychologist will have to provide evidence of the test being standardised or norm referenced to the Indian population. A link or document will have to be provided. Based on the documents provided, we can obtain an approval from Virtus. If Virtus does not approve of the test, then the Individual will have to be re-assessed with one of the tests mentioned in the list.

b) For Persons with Autism (No intellectual impairment)

- **Indian Scale for Assessment of Autism**

2) Who can administer and Prepare the IQ and Adaptive Behaviour Assessment Reports?

The IQ and adaptive behaviour assessments are to be administered by a Registered Practicing Clinical Psychologist only. The assessments can be carried out in a Government Hospital or by a Private Practicing Clinical Psychologist. The Seal and Registration number of the Psychologist is mandatory.

The assessment can not be administered by a relative or a family friend. If there is a conflict of interest, the assessment should be administered by another Psychologist. If it is found that there is a conflict of interest, then the report will not be accepted.

The Parent will have to coordinate with the Psychologist for the assessment and report. INAS SIVUS INDIA will not coordinate with the Psychologist. INAS SIVUS INDIA will communicate only with the Parent of the Athlete.

3) Guidelines to be followed in preparing the report

- The format prescribed by Virtus has to be followed
- The report should be typed in English
- The report should be detailed in nature. Brief reports will not be accepted.
- The report is presented on a formal letter-headed paper stating the psychologists name and qualifications, membership number and details of any professional bodies, address, phone/fax number and email.
- States when and where the assessment was done (i.e. date, location)

a) For Persons with an intellectual impairment/disability

- States the name and version of the IQ test used, the method of assessment of Adaptive Behaviour and why this approach to assessment was chosen.
- Includes information regarding the athlete's background, relevant history & previous assessments
- Includes a detailed analysis and discussion of IQ and Adaptive Behaviour assessment findings concluding with a clear diagnosis/statement of Intellectual functioning and Adaptive Behaviour.
- Explains any factors which may have affected the results. Particular attention should be paid to cases where there is a large difference between sub-scale IQ scores that may require the full-scale IQ to be interpreted differently or invalidate it. Detailed analysis and comment should be included.
- If the IQ is found to be low i.e.45 or less, the psychologist will have to explain the reason for the low IQ and the factors affecting the score.
- In the case of Adaptive Behaviour assessment, the report should include a summary and interpretation of scores achieved under each domain (Communication, Self-care, Self-direction, Social/interpersonal skills, Ability to respond to life changes and environmental demands)
- Includes a copy of the original summary sheet/record form of IQ and standardised Adaptive Behaviour assessments showing all scores. Where these sheets are not available, the psychologist should explain why within the report.

b) For Persons with Autism (no intellectual impairment/disability)

- Details of the assessor's professional qualifications and expertise to assess for autism.
- There is a detailed developmental history focusing on the developmental and behavioural features consistent with ICD 11 or DSM 5 criteria for autism;
- Details of the assessment methods used;
- Full results of the assessment, including scores (if available) for any assessment tools used;
- A detailed analysis and discussion of assessment findings;
- Consideration of any factors which may have affected the results.
- A clear conclusion including a signed declaration stating that in their professional opinion the diagnosis of Autism can be confirmed.

References

- American Association on Intellectual and Developmental Disabilities - aaidd.org
- International Association for the Scientific Study of Intellectual and Developmental Disabilities - iassidd.org
- IPC Classification Code - paralympic.org
- World Health Organisation - who.int
- Global Down Syndrome Foundation - globaldownsyndrome.org
- Interactive Autism Network - iancommunity.org
- Autism Speaks - autismspeaks.org ADDITIONAL INFORMATION FOR NATIONAL MEMBER ORGANISATION

Report template – II1 (Intellectual Disability)

This template should be used as a guide only. Please do not fill this template.

Psychologists Name:

Address:

Email Address:

Phone Number:

Psychologist's Qualifications:

Membership of Professional Bodies/Membership numbers:

Athletes Full Name:

Athletes Date of Birth:

Date of Assessment:

Age at Assessment:

1. Introduction

Here the psychologist should explain the purpose of the assessment, a description of the assessment tools and methods used (i.e. which IQ and Adaptive Behaviour assessments were used) and why they have been chosen.

2. Background to the assessment

Here the psychologist should explain any relevant background to the athlete including education, family background, medical background (if relevant to the assessment) and the results of any previous tests. The aim is to build a general picture of the athlete.

The psychologist should also explain the athlete's attitude towards the assessment, whether they are accompanied by parents/carer etc, and any issues that may affect the outcome of the assessment.

We would expect this section to be no shorter than 2 paragraphs.

3. IQ Assessment

Here the psychologist should explain the results of the assessment commenting specially on each domain. For example, in the WAIS test this would include a summary of Verbal and Performance subtests, including scores achieved. The psychologist should explain in detail any significant variation in sub-test scores and the implications for interpretation of the full IQ score, following the instructions in the test manual. Scores

We would also expect a summary of the scores achieved. E.g. (using WAIS IV).

	Standard Score	95% confidence range
Verbal Comprehension		
Perceptual Reasoning		
Working Memory		
Processing Speed		
Full Scale Score:		

We would expect this section to be no shorter than 5 paragraphs

Adaptive Behaviour

Here the psychologist should explain how the Adaptive Behaviour assessment was conducted, who was consulted, and then summarise the results of the assessment commenting specifically on each domain.

If the assessment has been carried out by clinical observation it is important that as much information as possible is provided about the assessment. This should include when, where and for how long the individual was observed, what they were doing and the findings of this observation. This should be supplemented by any available records and interviews with people who know them well such as relatives or carers. The source of such additional evidence should be noted in the report. It usually takes more time to assess an individual by observation than through administering a standardised assessment such as the Vineland.

Communication - Score achieved or findings:

The psychologist should provide an interpretation/summary of results/findings in this area

Daily Living - Score achieved or findings:

The psychologist should provide an interpretation/summary of results/findings in this area

Socialisation - Score achieved or findings:

The psychologist should provide an interpretation/summary of results/findings in this area

Motor Skills - Score achieved or findings:

The psychologist should provide an interpretation/summary of results/findings in this area

Overall Adaptive Behaviour Score/Assessment findings. Score achieved or findings:

Here the psychologist will provide a final diagnosis of adaptive behaviour

4. Age of Onset

If the athlete is aged 22 or over at the time of assessment then the psychologist would explain here what evidence is being submitted from before the age of 22, or will provide a statement explaining what evidence they have based their diagnosis on.

5. Final Diagnosis

Here the psychologist will summarise the main findings and will provide a clear final diagnosis. They will also explain whether there are any circumstances that may have affected the test results.

6. Attachments

The psychologist will then attach the summary sheets from the IQ and Adaptive Behaviour assessments.

Signature of the Psychologist

Date