

# पैरालंपिक कमिटी ऑफ इंडिया

## PARALYMPIC COMMITTEE OF INDIA

Deemed Public Enterprise  
Recognised by Govt. of India

Affiliated Member of: IPC Germany, IWAS UK, APC UAE



Delhi Correspondence Office: Jaisalmer House, 26 Mansingh Road, New Delhi-110011 (India)

Tel. No.: 011-23075126/226 Email: npcindia@paralympicindia.com Website: paralympicindia.com

**President**  
Devendra  
Padma Bhushan, Khel Ratna Awardee

**Secretary General**  
Jayawant G Hamanawar  
International Coach & Referee

**Treasurer**  
Sunil Pradhan  
International Para Athlete

### 14th National Junior & Sub Junior Para Athletics Championship 2025

Atal Bihari Vajpayee Training Centre for Disability Sports  
29<sup>th</sup> & 31<sup>st</sup> August 2025, Gwalior, Madhya Pradesh

#### U20/U17 Boys & Girls Event List

| Boys      |               |        |           |               |        |
|-----------|---------------|--------|-----------|---------------|--------|
| Event     | U17           | Weight | Event     | U20           | Weight |
| 100m      | T11-13        | NA     | 100m      | T11-13        | NA     |
|           | T35-38        | NA     |           | T35-38        | NA     |
|           | T42-44/T61-64 | NA     |           | T42-44/T61-64 | NA     |
|           | T45-47        | NA     |           | T45-47        | NA     |
|           | N/A           | -      |           | T53-54        | NA     |
| 200m      | T11-13        | NA     | 200m      | T11-13        | NA     |
|           | T35-38        | NA     |           | T35-38        | NA     |
|           | T42-44/T61-64 | NA     |           | T42-44/T61-64 | NA     |
|           | T45-47        | NA     |           | T45-47        | NA     |
|           | N/A           | -      |           | T53-54        | NA     |
| 400m      | T11-13        | NA     | 400m      | T11-13        | NA     |
|           | T-20          | NA     |           | T-20          | NA     |
|           | T42-44/T61-64 | NA     |           | T42-44/T61-64 | NA     |
|           | T45-47        | NA     |           | T45-47        | NA     |
|           | N/A           | -      |           | T53-54        | NA     |
| 1500m     | T11-13        | NA     | 1500m     | T11-13        | NA     |
|           | T20           | NA     |           | T20           | NA     |
|           | T42-46/T61-64 | NA     |           | T42-46/T61-64 | NA     |
|           | N/A           | -      |           | T53-54        | NA     |
| Long Jump | T11-13        | NA     | Long Jump | T11-13        | NA     |
|           | T-20          | NA     |           | T-20          | NA     |
|           | T35-38        | NA     |           | T35-38        | NA     |
|           | T42-44/T61-64 | NA     |           | T42-44/T61-64 | NA     |
|           | T45-47        | NA     |           | T45-47        | NA     |
| High Jump | N/A           | -      | High Jump | T42-47/T61-64 | NA     |
| Shot Put  | F11-13        | 5.00Kg | Shot Put  | F11-13        | 6.00Kg |
|           | F20           | 5.00Kg |           | F20           | 6.00Kg |
|           | F32           | 1.00Kg |           | F32-34        | 2.00Kg |
|           | F33           | 2.00Kg |           | F33           | 3.00Kg |
|           | F34-36        | 3.00Kg |           | F34-36        | 4.00Kg |



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|------------------------------------------------------------|---------------|----------------------------------------------------------------------------|---------------|----------------------------------------------------------|--------|
|                                                            | F37-38        | 4.00Kg                                                                     |               | F37-38                                                   | 5.00Kg |
|                                                            | F40-41        | 3.00Kg                                                                     |               | F40-41                                                   | 4.00Kg |
|                                                            | F42-44/F61-64 | 5.00Kg                                                                     |               | F42-44/F61-64                                            | 6.00Kg |
|                                                            | F45-46        | 5.00Kg                                                                     |               | F45-46                                                   | 6.00Kg |
|                                                            | F52           | 2.00Kg                                                                     |               | F52                                                      | 2.00Kg |
|                                                            | F53           | 2.00Kg                                                                     |               | F53                                                      | 3.00Kg |
|                                                            | F54-57        | 3.00Kg                                                                     |               | F54-57                                                   | 4.00Kg |
|                                                            |               |                                                                            |               |                                                          |        |
| Discus Throw                                               | F11-13        | 1.50Kg                                                                     | Discus Throw  | F11-13                                                   | 1.75Kg |
|                                                            | F32-34        | 750Gr                                                                      |               | F32-34                                                   | 1.00Kg |
|                                                            | F35-37        | 750Gr                                                                      |               | F35-37                                                   | 1.00Kg |
|                                                            | F38           | 1.00Kg                                                                     |               | F38                                                      | 1.50Kg |
|                                                            | F40-41        | 1.00Kg                                                                     |               | F40-41                                                   | 1.00Kg |
|                                                            | F42-44/F61-64 | 1.00Kg                                                                     |               | F42-44/F61-64                                            | 1.50Kg |
|                                                            | F45-46        | 1.00Kg                                                                     |               | F45-46                                                   | 1.50Kg |
|                                                            | F51-56        | 750Gr                                                                      |               | F51-57                                                   | 1.00Kg |
| Javelin Throw                                              | F57           | 1.00Kg                                                                     | Javelin Throw | -                                                        | -      |
|                                                            | F11-13        | 700Gr                                                                      |               | F11-13                                                   | 800Gr  |
|                                                            | F32-34        | 500Gr                                                                      |               | F32-34                                                   | 600Gr  |
|                                                            | F35-37        | 500Gr                                                                      |               | F35-37                                                   | 600Gr  |
|                                                            | F38           | 600Gr                                                                      |               | F38                                                      | 800Gr  |
|                                                            | F40-41        | 500Gr                                                                      |               | F40-41                                                   | 600Gr  |
|                                                            | F42-44/F61-64 | 700Gr                                                                      |               | F42-44/F61-64                                            | 800Gr  |
|                                                            | F45-46        | 700Gr                                                                      |               | F45-46                                                   | 800Gr  |
| Club Throw                                                 | F52-57        | 500Gr                                                                      | Club Throw    | F52-57                                                   | 600Gr  |
|                                                            | N/A           |                                                                            |               | F31-32                                                   | 397Gr  |
|                                                            | N/A           |                                                                            |               | F51                                                      | 397Gr  |

| Girls |               |        |       |               |        |
|-------|---------------|--------|-------|---------------|--------|
| Event | U17           | Weight | Event | U20           | Weight |
| 100m  | T11-13        | NA     | 100m  | T11-13        | NA     |
|       | T35-38        | NA     |       | T35-38        | NA     |
|       | T42-44/T61-64 | NA     |       | T42-44/T61-64 | NA     |
|       | T45-47        | NA     |       | T45-47        | NA     |
|       | N/A           |        |       | T53-54        | NA     |
| 200m  | T11-13        | NA     | 200m  | T11-13        | NA     |
|       | T35-38        | NA     |       | T35-38        | NA     |
|       | T42-44/T61-64 | NA     |       | T42-44/T61-64 | NA     |
|       | T45-47        | NA     |       | T45-47        | NA     |
|       | N/A           | NA     |       | T53-54        | NA     |



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|------------------------------------------------------------|---------------|----------------------------------------------------------------------------|---------------|----------------------------------------------------------|--------|
| 400m                                                       | T11-13        | NA                                                                         | 400m          | T11-13                                                   | NA     |
|                                                            | T20           | NA                                                                         |               | T20                                                      | NA     |
|                                                            | T42-44/T61-64 | NA                                                                         |               | T42-44/T61-64                                            | NA     |
|                                                            | T45-47        | NA                                                                         |               | T45-47                                                   | NA     |
|                                                            | N/A           | NA                                                                         |               | T53-54                                                   | NA     |
| 1500m                                                      | T11-13        | NA                                                                         | 1500m         | T11-13                                                   | NA     |
|                                                            | T20           | NA                                                                         |               | T20                                                      | NA     |
|                                                            | T42-46/T61-64 | NA                                                                         |               | T42-46/T61-64                                            | NA     |
|                                                            | N/A           | NA                                                                         |               | T53-54                                                   | NA     |
| Long Jump                                                  | T11-13        | NA                                                                         | Long Jump     | T11-13                                                   | NA     |
|                                                            | T-20          | NA                                                                         |               | T-20                                                     | NA     |
|                                                            | T35-38        | NA                                                                         |               | T35-38                                                   | NA     |
|                                                            | T42-44/T61-64 | NA                                                                         |               | T42-44/T61-64                                            | NA     |
|                                                            | T45-47        | NA                                                                         |               | T45-47                                                   | NA     |
| High Jump                                                  | N/A           | -                                                                          | High Jump     | T42-47/T61-64                                            | NA     |
| Shot Put                                                   | F11-13        | 3.00Kg                                                                     | Shot Put      | F11-13                                                   | 4.00Kg |
|                                                            | F20           | 3.00Kg                                                                     |               | F20                                                      | 4.00Kg |
|                                                            | F32           | 1.00Kg                                                                     |               | F32                                                      | 2.00Kg |
|                                                            | F33-38        | 2.00Kg                                                                     |               | F33-38                                                   | 3.00Kg |
|                                                            | F40-41        | 2.00Kg                                                                     |               | F40-41                                                   | 3.00Kg |
|                                                            | F42-44/F61-64 | 3.00Kg                                                                     |               | F42-44/F61-64                                            | 4.00Kg |
|                                                            | F45-46        | 3.00Kg                                                                     |               | F45-46                                                   | 4.00Kg |
|                                                            | F52           | 2.00Kg                                                                     |               | F52                                                      | 2.00Kg |
|                                                            | F53-57        | 2.00Kg                                                                     |               | F53-57                                                   | 3.00Kg |
| Discus Throw                                               | F11-13        | 1.00Kg                                                                     | Discus Throw  | F11-13                                                   | 1.00Kg |
|                                                            | F32-34        | 750Gr                                                                      |               | F32-34                                                   | 1.00Kg |
|                                                            | F35-38        | 750Gr                                                                      |               | F35-38                                                   | 1.00Kg |
|                                                            | F40-41        | 750Gr                                                                      |               | F40-41                                                   | 750Gr  |
|                                                            | F42-44/F61-64 | 1.00Kg                                                                     |               | F42-44/F61-64                                            | 1.00Kg |
|                                                            | F45-46        | 1.00Kg                                                                     |               | F45-46                                                   | 1.00Kg |
|                                                            | F51-57        | 750Gr                                                                      |               | F51-57                                                   | 1.00Kg |
| Javelin Throw                                              | F11-13        | 500Gr                                                                      | Javelin Throw | F11-13                                                   | 600Gr  |
|                                                            | F32-34        | 500Gr                                                                      |               | F32-34                                                   | 600Gr  |
|                                                            | F35-38        | 500Gr                                                                      |               | F35-38                                                   | 600Gr  |
|                                                            | F40-41        | 400Gr                                                                      |               | F40-41                                                   | 400Gr  |
|                                                            | F42-44/F61-64 | 500Gr                                                                      |               | F42-44/F61-64                                            | 600Gr  |
|                                                            | F45-46        | 500Gr                                                                      |               | F45-46                                                   | 600Gr  |
|                                                            | F52-57        | 500Gr                                                                      |               | F52-57                                                   | 600Gr  |



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|------------------------------------------------------------|-----|----------------------------------------------------------------------------|------------|----------------------------------------------------------|-------|
| Club Throw                                                 | N/A |                                                                            | Club Throw | F31-32                                                   | 397Gr |
|                                                            | N/A |                                                                            |            | F51                                                      | 397Gr |

### Note: -

1. All events will be conducted in a single sports class If there are more than 5 athletes in a single sports class.
2. If there are fewer than 5 athletes in a single sports class. It will be merged in the lower/upper sports class.
3. Those events that include more than one sports class. Their event results will be finalised by RAZZA point system.

Thanking you

For and on Behalf of PCI



Jayawant G H  
Secretary General  
Paralympic Committee of India